



**Here are some answers to some commonly asked questions about our youth teams:**

1. The Spring/Summer season is 5 months April-August
2. Yes you can play other sports and if you miss it is up to you.
3. Events will consist of AAU Spring league in April, 3 or 4 tournaments in May and June, ECBA/Pro Club Summer league in July and August. There are many weekends we don't have games, so vacations are definitely possible.
4. Practice once a week as a team.
5. Position specific training is available 5 days a week. 1 to 3 classes a week is a good amount of training.
6. We will have 2 or 3 teams per grade.
7. Costs are about \$300 per month for training and team unless it's for 3<sup>rd</sup>-5<sup>th</sup> grade, which is \$200 per month for team training and team.
8. 3<sup>rd</sup> graders tryout for our 4<sup>th</sup> grade teams
9. You do not have to be on our team to train at the academy. Sometimes players from other teams train with us but play for another team. Or if you do not make a team you can still train.
10. Scholarships are available through application.
11. Carpools are set up to help commute players from far away.
12. Our coaches are paid and very experienced.
13. Typically 10 players per team.
14. We practice and train out of our Seattle gym.
15. Games are on the weekends, but not every weekend during most months.
16. You can register for training right now on our website to get your foot in the door before tryouts.
17. You do not need to pre-register for tryouts